



Instructions for Use

ADM Ankle Foot Orthosis

① ② Intended Use / Contraindications

Ankle Foot Orthosis for prevention of Clubfoot relapse. Use only with External Rotation Bars ① or Abduction Dorsiflexion Mechanisms ②. Do not use on uncorrected or relapsed clubfeet. If in doubt consult your clinician.

External Rotation Bar ①



Abduction Dorsiflexion Mechanism ②



③ Warnings and Precautions

Class 1 Medical Device. For corrected clubfoot only. For use as a night-time and sleep time device only. Do not permit patient to walk, run, jump or play when using the device. Use correct size and configuration as directed by your clinician. In case of patient intolerance or continued discomfort remove device and consult your clinician. Do not use if damaged. Device is not sterile and supplied for use by the original end user only. The device may be returned to C-Pro Direct for safe disposal or disposed / recycled as other household items. Store between 2 degrees and 22 degrees Centigrade. Keep out of direct sunlight, clean and dry. Any serious incident that has occurred in relation to the device should be reported to the manufacturer and the competent authority of the country in which the user and/or patient is established.

④ Fit Orthosis to Patient



4a. Place foot into sandal. Ensure heel is as far back as possible.

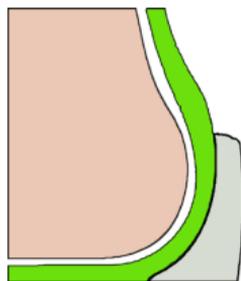


4b. Secure middle strap firmly

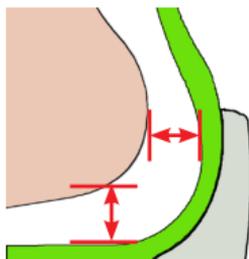


4c. Secure top and toe straps

⑤ Confirming Heel Position



5a. Heel fully down and back. Best position



5b. Gaps between heel and liner. Check with your clinician



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